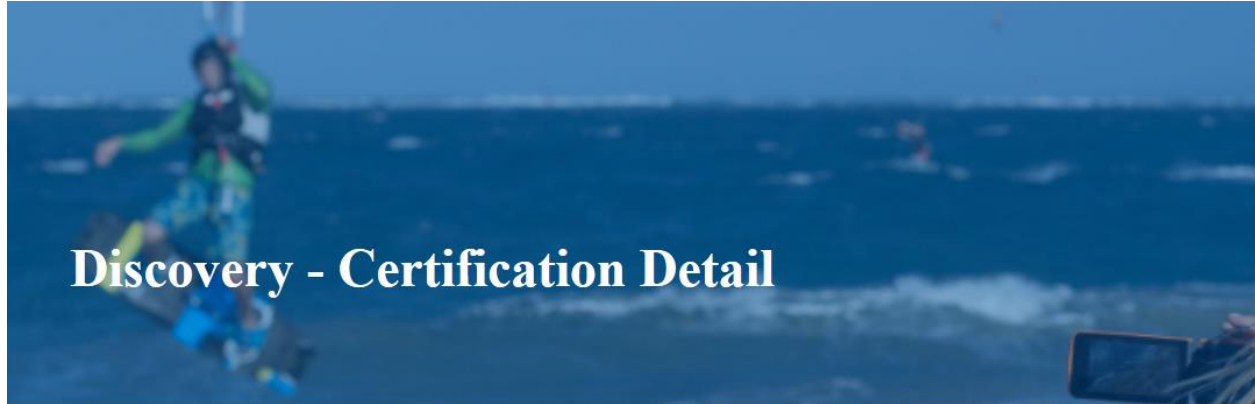


Level 1 – Beginner



The Discovery course is where the dream starts! After taking this course, you will be proficient in all of the following.

Get certified by an IKO Instructor or Affiliated School and receive the IKO Member Card. The IKO Member Card is your Kiteboarding passport.

- A S.E.A. (Spot, Environment, Activity) Assessment
Holding, Carrying and Securing a Kite on Land
Kite Set Up
- B Safety Systems Use
Pre-Flight Check
- C Launching and Landing as an Assistant
First piloting and explore the Wind Window's Edge
Let Go of the Bar
Twist and Untwist the Lines
- D Flying One-Handed
Trim Discovery
Walking While Flying the Kite
Launching and Landing as a Pilot
Wind Window Theory
- E In flight Quick Release Activation
Self-Landing
Equipment Packing

Level 2 – Intermediate



After taking this course, you will be proficient in all of the following:

- F Enter and Exit the Water While Controlling the Kite
Water Relaunch
- G Side Body-drag with 2 Hands
Body-drag with Power Stroke on Both Sides
- H Body-drag Upwind
Body-drag with the Board
Self-Rescue and Pack Down Discovery
- I R.O.W. Rules Introduction
Steady-pull
Water-start

Level 3 – Independent



After taking this course, you will be proficient in all of the following:

- J Controlled Stop
 Control of Riding Speed by Edging
- K Riding Upwind
- L Sliding Transitions
- M Toe-Side Riding
 Toe-Side Turn
- N Self-Launching
 Self-Rescue and Pack Down in Deep Water

Level 4 – Advanced



IKO Level 4 is the riding prerequisite that allows access to an Instructor Training Course (ITC)

- 1 Basic Jump
- 2 Jibe
- 3 Jump with Grab
- 4 Rider Recovery
- 5 Board Recovery
- 6 International Kiteboarding Signs and ROW
- 7 Equipment
- 8 Weather and Tides
- 9 Aerodynamics