

Mount Sinai
MEDICAL CENTER

Master Plan for Hospital Development
Years 2021-2031

Mount Sinai Medical Center Services:

Founded in 1949, Mount Sinai Medical Center is the largest private, independent, not-for-profit teaching hospital in Florida and provides a wide range of inpatient and outpatient services for the South Florida community.

Mount Sinai provides an unmatched level of clinical expertise and is dedicated to recruiting and training top physicians and surgeons from across the country, who work together across multiple disciplines to deliver a patient-centric approach to care.

Mount Sinai's on-going partnerships with New York's prestigious Columbia University have allowed us to provide our community access to the only Ivy League-affiliated cardiovascular, urology, orthopedics, and cancer programs in South Florida. These programs combine the strengths of two leaders, enhancing the outstanding level of service and providing greater access to state-of-the-art technology, research, and treatment options.

The medical centers services include but are not limited to:

- Adult Autism Clinic
- Allergy/Immunology
- Bariatric Weight Loss Surgery
- Behavioral Health
- Cardiovascular Care
- Comprehensive Cancer Center
- Concierge Medicine
- Critical Care
- Dentistry/Oral Surgery
- Dermatology
- Emergency Care
- Endocrinology
- Gastroenterology
- General Surgery
- Geriatrics
- Hospice and Palliative Medicine
- Imaging Services
- Infectious Disease
- Memory Disorders and Alzheimer's Disease
- Nephrology
- Neonatology and NICU
- Neurosciences
- Obstetrics and Gynecology
- Occupational Medicine

Mount Sinai

MEDICAL CENTER

- Ophthalmology
- Orthopedics
- Otolaryngology (ENT)
- Pediatrics
- Plastic Surgery
- Podiatry
- Primary Care
- Pulmonary Diseases
- Rehabilitation
- Rheumatology
- Sleep Medicine
- Stroke Center
- Thoracic Surgery
- Urology
- Vascular and Interventional Radiology
- Vascular Surgery



Centers of Excellence:

Cardiovascular Care:

Mount Sinai Medical Center is home to the Mount Sinai Heart Institute, Florida's premier cardiovascular program. Backed by Columbia University, the program offers patients access to the only Ivy League-affiliated cardiovascular program in South Florida. The medical center uses multidisciplinary approach to patient care, which brings together cardiac experts from multiple sub-specialties, such as surgery, electrophysiology, clinical and interventional cardiology, rehabilitation medicine, and vascular surgery. Each specialist brings his or her expertise to ensure patients receive a holistic approach to their care – informed by different perspectives and expertise from different areas of cardiology.

In addition, the Mount Sinai Heart Institute offers patients access to the latest innovations in cardiac care, including breakthrough research and participation in clinical trials.

Mount Sinai is the Region's Leader in Cardiovascular Care

- Mount Sinai Medical Center and the Mount Sinai Heart Institute have the best cardiac surgery survival rate in South Florida, among hospitals that perform a high volume of complex cases. (ACHA 2020)
- Mount Sinai surgeons perform more heart procedures than any other hospital in Miami-Dade County, and they are the region's most experienced in minimally invasive heart surgery.
- Mount Sinai is the only hospital in South Florida offering robotic, minimally invasive heart surgery.
- Mount Sinai's Stroke and Chest Pain Center has earned the designation as a Comprehensive Stroke Center, making it one of two hospitals in Miami-Dade County and one of just 16 in the state of Florida to receive the designation.
- Mount Sinai performed the region's first open-heart surgery in 1964 and since then continues to perform an average of 940 heart procedures each year.

Experts in More Than Heart Surgery

- Mount Sinai's cardiovascular team includes physicians who are expert at performing a high volume of diagnostic cardiac catheterizations, as well as catheter-based procedures to treat heart disease.
- Our electrophysiology program brings together experts from multiple cardiovascular sub-specialties to treat common and complex heart rhythm disorders, including the use of implanted pacemakers and internal defibrillators.
- Patients from around the region, Latin America, and the Caribbean come to Mount Sinai for second opinion consults, including advanced diagnostics to precisely understand the nature and cause of their heart disease.

Urological Care:

At the Columbia University Division of Urology at Mount Sinai Medical Center, an expert team of urologists uses advanced techniques, including robotic surgery and the latest in diagnostics and treatments, to address nearly every condition affecting men and women's urinary systems. In addition, the urology program includes a robust men's health component to help couples overcome infertility, erectile dysfunction, and to diagnose and treat diseases that affect men, including prostate issues.

Mount Sinai has the only Ivy League affiliated urology program in South Florida, backed by Columbia University. That means our urologists are professors at Columbia University and each year, they provide fellowship training to physicians participating in Columbia University's Fellowship in Genitourinary Reconstruction. Our physicians also participate in multi-institutional clinical research and are members of the American Urological Association and the Endourological Society.

Orthopedic Care:

The Columbia University Division of Orthopedics at Mount Sinai Medical Center is home to a team of expertly trained surgical specialists whose treatments improve the quality of life for thousands of patients. Mount Sinai's orthopedists trained at some of the most prestigious academic medical centers in the nation using the most advanced technologies and innovative approaches to treat patients. From relieving arthritis pain to healing sports injuries, Mount Sinai's orthopedics team offers a wide array of treatment options, ensuring personalized care

Mount Sinai's orthopedics department stands apart from other local and regional programs for a number of reasons:

- Mount Sinai offers the only Ivy League affiliated orthopedics program in South Florida, which gives patients access to the most up-to-date, evidence-based care and treatment options available.
- The medical center's foot and ankle specialists treat all foot and ankle conditions (deformities, arthritis, injuries) with the use of the most cutting-edge technologies, including revolutionary minimally invasive surgery, total ankle replacements, and arthroscopy.
- Mount Sinai is one of a few centers in the nation to offer a limb lengthening, limb deformity, and joint preservation program that seeks to restore the normal anatomy of a patient's legs while preventing hip, knee, and ankle arthritis. Patients in our special program can also access aesthetic limb lengthening.
- Mount Sinai is proud to be among a few programs in the state to offer minimally invasive joint replacement surgery, anterior total hip replacements, and robotic joint replacement surgery.
- The upper-extremity team diagnoses and treats nearly every condition affecting the shoulder, upper arm, elbow, forearm, wrist, and hand, from congenital issues and degeneration, to overuse and trauma.

Mount Sinai

MEDICAL CENTER

- From novice athletes to professionals, patients in our sports injury program find effective treatment of sports-related injuries and overuse conditions that affect men and women of all ages.
- Mount Sinai offers state-of-the-art surgical suites equipped with the latest technology, including intra-operative computerized 3D image-guided capabilities, and the most advanced instruments for minimally invasive procedures.

Comprehensive Cancer Center:

Mount Sinai's Comprehensive Cancer Center, affiliated with Columbia University, is a nationally recognized, award-winning cancer treatment program that embraces a collaborative, multidisciplinary approach to diagnose and treat nearly every type of cancer in adults. The only Ivy League-affiliated cancer program in South Florida, Mount Sinai's team includes experts in medical oncology, radiation therapy, and surgery.

In addition to targeted treatment to eliminate patients' cancer, the team provides robust support services for both patients and their families, including nutritional counseling, pain management care, and mental health care through our psycho-oncology services, access to support groups, and much more. Mount Sinai is committed to providing an environment that caters to patients' physical and emotional healing, while working to deliver the best possible medical outcomes.

From prevention and screening, to treatment with the latest cutting-edge technology, to research and clinical trials, South Floridians look to Mount Sinai Medical Center as a trusted resource for high-quality, advanced cancer care. Hope, strength, and support are at the heart of everything we do. So, when patients and their families choose Mount Sinai, they get a network of compassionate, expert cancer-care professionals committed to fighting together for their cure.

Facilities:

Mount Sinai offers the community access to a variety of inpatient and outpatient services on its main campus in Miami Beach, as well as nine (9) primary and specialty care offices in Miami-Dade and Monroe Counties.

Mount Sinai's locations include:

- Mount Sinai Aventura Emergency Center, Physician Office, Cancer Center and Diagnostic Center
- Mount Sinai Primary and Specialty Care Coral Gables
- Mount Sinai Hialeah Emergency Center and Primary and Specialty Care
- Mount Sinai Primary and Specialty Care Key Biscayne
- Mount Sinai Primary and Specialty Care Miami Shores
- Mount Sinai Primary and Specialty Care Midtown
- Mount Sinai Primary and Specialty Care Skylake
- Mount Sinai Primary and Specialty Care Coral Gables
- Mount Sinai Specialty Care of the Florida Keys- Key West
- Mount Sinai Specialty Care of the Florida Keys- Marathon

Main Campus:

The buildings for the provision of inpatient care are:

- deHirsch Meyer Tower
- Skolnick Surgical Tower
- Warner Pavilion
- Blum Building
- Greene Pavilion

The Buildings for the provision of clinical or outpatient services are:

- Greenspan Building
- Hildebrandt Emergency Center and Radiology Building
- Gumenick Ambulatory Surgery Facility
- Comprehensive Cancer Center

Other Buildings include:

- Ascher Building
- Pearlman Biomedical Research Building
- Finker-Frenkel Energy Center

Mount Sinai

MEDICAL CENTER

- Central Energy Plant Visitor Parking Garage
- Employee Parking Garage
- Jacobson Building
- Young President's Club Child Care Center
- Medical Office Pavilion
- Golden Family Medical Office Building

Description of Proposed Projects: 2021-2031

New construction and/or Substantial Rehabilitation of Existing Facilities:

- Medical Office Building (between Lowenstein and Ascher): 100,000 NSF for physician offices
- Medical Office Building parking (between Lowenstein and Ascher): 800 space parking garage to support Medical Office Building
- New cancer center: 225,000SF
- Patient towers renovation: will provide renovated hospital licensed beds, and requisite support services
- Parking: will provide 1,500 parking spaces in one or more garages
- Medical and Research Buildings: 300,000 GSF for approximately 300 medical students and research and faculty space
- Geriatric Continuum of Care: Approximately 300 units for continuum of care for older individuals
- New building for childcare and associated school
- Ring road project: will raise the elevation of the existing campus road to mitigate flooding

Mount Sinai

MEDICAL CENTER

Site Plan:



Size and location of the subject development is conceptual. New construction and/or substantial renovation projects are subject to City and other regulatory approval.

Goals, Objectives and Policies

Mission:

To provide high quality health care to our diverse community enhanced through teaching, research, charity care and financial responsibility.

Goals:

These goals represent the broad and comprehensive dimensions of the medical center's concerns and interests, and are multi-faceted and interdependent in nature.

High Quality Medical Care

Mount Sinai Medical Center is dedicated to providing our community with the highest quality of medical care. The medical center's leadership is dedicated to the continued recruitment of top physicians from across the country, and ensuring they are equipped with the latest in technology and facilities, allowing them to deliver unparalleled results. Each person helped, each life saved, and each family positively impacted is a testament to Mount Sinai Medical Center's highly skilled and award-winning team. We continue to build towards the future, ensuring access to high-quality care for our community.

Commitment to Community Service

Throughout the years, Mount Sinai has continued to deliver on its mission to serve its community. A community health assessment is performed on an ongoing basis and includes the compilation and analysis of census data, vital statistics, hospital discharge and other federal, state, county and city data. It also involves communication with local professionals and community leaders. The purpose of assessment is to review Mount Sinai's existing programs to ensure that the medical center is continuing to meet the needs of the community and uncover new opportunities for improvement of the health and well-being of the community.

Commitment to Education and Research

As one of Florida's original statutory teaching hospitals, educating the next generation of physicians remains one of the vital pillars of Mount Sinai's mission.

Through a variety of residency and fellowship programs, Mount Sinai brings together the best and brightest minds in medicine, creating a challenging environment where emerging doctors are trained by faculty who are experts in their field. Each year, our institution trains approximately 208 residents and fellows, in addition to over 300 medical students. Our robust and sought-after programs have enabled the medical center to create a successful conduit that addresses the on-going physician shortage South Florida is experiencing.

Mount Sinai's teaching programs allow for continuous education for over 150 faculty members and residents/fellows. This continuous learning feeds medical advances, a higher quality of care, and better results. Patients have the added benefit of being seen by physician attendings who stay abreast of the latest in diagnosis and treatment options via regular conferences and symposiums.

Every residency and fellowship program at Mount Sinai that can bear the ACGME accreditation has been fully reviewed and accredited by the board. This means residents, fellows, faculty and patients are benefiting from the highest level of teaching and education.

Increase Market Share

Mount Sinai remains committed to expanding access to its physicians and services through a variety of initiatives and action plans. The medical center continues to expand its reach in key communities via its primary and specialty care offices. Additionally, we offer the community access to quality physicians across a multitude of services lines via same or next day appointments, and/or via telemedicine.

Our commitment medical excellence, research and education will aid in our efforts to increase market share the local, state, national and international levels. We remain committed to our mission and continue to develop and become increasingly proactive in its action plans. Strategies are and continue to be implemented to remain state-of-the-art on all fronts.

Fiscal Strength and Responsibility

The financial health of the institution is necessary to continue its commitment to quality care and excellence in medical education and research. Fiscal viability will be strengthened through all management decisions and practices including the streamlining of operations, implementation of productivity plans, enhancing the budget process, and cost containment, where possible.

Mount Sinai Medical Center's Consistency with the City's Comprehensive Plan:

Mount Sinai Medical Center's proposed projects are not expected to affect the City of Miami Beach's Comprehensive Plan. The intent of these projects is to provide improved quality of patient care, additional office and parking space for physicians, patients and employees; a continuum of care for elderly residents; improved facilities for graduate medical education and research, and improved operating suites.

Patient and visitor parking and traffic patterns will be designed within proper ratios on the medical center campus to minimize the impact on public roadways. Waste disposal will be handled through the medical center and pre-authorized vendors.

Data and information pertaining to new construction or substantial rehabilitation to be submitted to the planning, design and historic preservation division for the purpose of determining whether such work is within the level of services as set forth in the comprehensive plan.

At present, Mount Sinai Medical Center's planned projects are in preliminary stages of development. Therefore, data and information pertaining to new construction or rehabilitation for these projects is not available.

This data will be submitted to the Planning Department as Mount Sinai is prepared to proceed with projects requiring new construction or substantial rehabilitation.